

3-5 Years- Creating activity: Own interruption of themselves

Creating:

This activity requires the teacher to draw a large outline of each of the children's bodies. The children then have the opportunity to fill the inner body in with whatever they want (which allows the children to express themselves) using any material that they wish.

Materials:

- One large outline of each child's body
- All artistic material on hand so that the children can use whatever they want (non-toxic paint, textures, paper etc.)
- Water and towels for cleaning up

Method:

- Lay each child down on the ground and draw an outline of each child's body
- Give the paper to the children and discuss the task on hand
- Allow every child any material they want (if you have it)
- Make sure there is a large amount of time dedicated to this task
- Once each child is done hang it up and allow for it to dry

Teaching tips:

Make sure there is a large amount of time set aside for this task, as it allows the children to communicate and explore the way in which they see themselves. If a child seems to be struggling engage with them and explore together what they might want to do on it. If things begin to get messy or children are struggling remove the materials and task, and do one as a group.

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